



RENAISSANCE CARE

SPRING WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast Selection	Choice of: Fruit Smoothies, Cereal selection, Toast, Porridge, Fruit, Yoghurt Tea, Coffee, Hot Milky drinks, Water and Fruit Juice						
Mid-Morning Snack	Choice of: Smoothies, Biscuits, Toast, Yoghurt, Crumpets, Fresh Fruit Tea, Coffee, Hot Milky drinks, Water and Fruit Juice						
Starter Option 1: Soup	Tomato & Basil with Bread & Butter	Curried Lentil with Bread & Butter	Leek & Potato with Bread & Butter	Cream Of Mushroom with Bread & Butter	Pea & Ham with Bread & Butter	Minestrone with Bread & Butter	Scotch Broth with Bread Roll & Butter
Starter Option 2	Melon Balls with a Ginger & Mint Syrup	Breaded Mushrooms with Garlic Dip	Prawn Cocktail	Pate, Oatcakes & Homemade Chutney	Bruschetta	Homestyle Onion Bhajis with Mint Yoghurt	Melon & Parma Ham
Lunch Option 1	Mince & Tatties	Chicken Hotpot	Vegetable Lasagne with Garlic Bread	Sausage Casserole	Fish & Chips	Stovies	Roast Beef with All the Trimming
Lunch Lighter Option	Cauliflower Mornay	Tuna Pasta Bake	Chinese Style Pork Curry with Prawn Crackers	Egg Mornay	Pie, Chips & Beans	Mushroom Risotto	Leek & Potato Bake
Vegetables/ Accompaniments	Accompaniments such as fresh, green vegetables, potatoes, rice, cous cous, noodles, salads, coleslaw, and beans will be regularly available throughout the day						
Afternoon Snack	Todays Homebaking, Fruit Smoothies, Fresh Fruit Salad, Yoghurts and a selection of Tea, Coffee, Hot Milky Drinks, Water, and Fruit Juice						
Dinner Option 1	Stir Fry	All Day Breakfast	Pasta Bolognaise with Garlic Bread	Salmon Frittata	Macaroni Cheese	Hunters Chicken	Pork Meatloaf with a Rich Tomato Gravy
Dinner Lighter Option	Homemade Quiche With Warm Potato Salad & Dressed Greens	Enchiladas with Fresh Salad	Baked Potatoes With Coleslaw, Salad & Choice of Filling	Vegetable Chilli With Rice	Pork & Apple Casserole	Homemade Cheese & Onion Pastry with Garlic Baby Buttered Potatoes	Scrambled egg on Toast Topped With Chives
Vegetables/ Accompaniments	Accompaniments such as fresh, green vegetables, potatoes, rice, cous cous, noodles, salads, coleslaw, and beans will be regularly available throughout the day						
Dessert Option 1	Semolina & Jam	Fruit Crumble with Ice Cream	Chocolate Sponge & Custard	Chefs Cheesecake	Trifle	Cranachan with Shortbread	Mango Mousse With Raspberries
Dessert Option 2 Selection	Fruit Cocktail, Jelly, Milky Jelly, Ice cream, Citrus Sorbets or Yoghurt						
Evening Snack Ideas	Pate & Oatcakes, Sandwiches, Toast & Jam, Toasties, Sausage Roll, Quiche, Homebaking, Cheese & Crackers, Yoghurt, Tea, Coffee, Hot Milky Drinks, Water, Fruit Juice						
For those on textured diets, we offer the same meals adapted to each individual and including breakfast, lunch, evening meal and snacks.							

A PERSONAL CONNECTION

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