



WELCOME TO  
THE COWDRAY CLUB



RENAISSANCE  
AT COWDRAY CLUB



# Where excellence is delivered with compassion

Welcome to Renaissance at the Cowdray Club,  
an intimate, boutique-style care home in the  
exclusive Fonthill area of Aberdeen.

The Cowdray team are dedicated to the provision of warm, compassionate and personalised care. Tailoring our approach to each resident, we offer an independent, supported lifestyle with a close-knit feel. That's because we know that people thrive when they feel connected – to each other, to their friends and family and to their community. And, at Cowdray, we're proud to have created a home where individuals can flourish within our positive and convivial atmosphere.

Set in a smartly appointed nineteenth century building, this recently restored property is home to 35 stylish en-suite rooms as well as elegant and accessible shared areas and beautiful grounds that boast a putting green and an extensive patio area. We are situated close to Aberdeen city centre and just 10 minutes from the stunning surroundings of Duthie Park.

**Why not visit us at the Cowdray Club to take a look for yourself. Feel free to drop in whenever suits you, and enjoy the warmest of welcomes.**

Email: [cowdray.manager@renaissance-care.co.uk](mailto:cowdray.manager@renaissance-care.co.uk)



# A sociable space with a sense of style

The Cowdray Club offers residents a choice of chic yet cosy rooms, restored to the highest standard and designed to offer residents a genuine quality and homely feel. With a blend of single or companion occupancy options, the rooms are large, bright and stylish, all with in-room WIFI, high ceilings and superb period features.

Residents are welcome to personalise their space as much as they wish with their own furniture and treasured possessions. We aim to create a truly welcoming environment in which to forge new relationships, entertain friends and family or simply to relax in.



“I wanted my mum to feel  
safe, happy and relaxed,  
thankfully we’ve found that  
at Cowdray Club.”

A CLIENT  
RENAISSANCE CARE HOME

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# The highest quality healthcare

The intimate style of the Cowdray Club means our team get to know each resident personally. We develop a complete understanding of a resident's life, health and wellbeing considerations and are therefore able to provide a full range of complementary therapies that are tailored to individual circumstances.

With a suite of healthcare professionals on hand to accommodate our resident's needs, you can rest assured that we are able to deliver exemplary healthcare around the clock, with nursing staff on-site 24 hours a day.

Regular GP access offers further reassurance and provides a gateway to other multi-disciplinary health and wellbeing therapies including dieticians, podiatrists, speech and language therapists, physiotherapists, district nurses and psychiatric services.

## Life and soul

At the Cowdray Club we breathe life into our days with a host of stimulating hobbies, activities and events. We take the time to discover what our residents enjoy most in life and our full-time event planner creates a varied programme of activities for residents to enjoy, whenever they choose. We are active in the local community, hosting and attending local events and enjoying diverse trips and excursions.

We love to see residents continuing to live their sociable, connected lives, entertaining guests, visiting friends or enjoying lively conversation over drinks in the Cowdray Club bar. And if a little self-care is in order, we have a beauty room and hairdresser, a tranquil patio and greenhouse to potter in as well as a visiting therapy dog to cuddle!



# Care with flair

Residents enjoy sociable restaurant-style dining at the Cowdray Club as well as a lively in-house bar, perfect for after-dinner drinks.

Having dinner in a favourite restaurant is one of life's greatest pleasures. We aim to replicate this through delicious and varied menu choices, full table service and dinner served course-by-course. Creating a positive meal experience helps us support residents with nutrition and health needs.

Seasonal menus feature plenty of meal options and residents can provide input into the dishes that appear on the menu. The Cowdray Club can also offer nutritional advice and dietary recommendations where required, taking care to deliver a tasty and nourishing array of meals to suit everyone's palate.

## The Cowdray Club

We would welcome the opportunity to show you around our home and introduce you to our remarkable team. Feel free to pop by whenever suits you. Or simply contact our Home Manager to arrange a full tour.

Email us at [cowdray.manager@renaissance-care.co.uk](mailto:cowdray.manager@renaissance-care.co.uk)  
or telephone 01224 212 140.



“I love the space and  
elegance of my new home.”

A RESIDENT OF  
COWDRAY CLUB

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