



# Berelands House

**Our modern, purpose-built care home in Prestwick, South Ayrshire, offers 24/7 nursing and dementia care for older people.**



## Introducing Berelands House

At Berelands House, we understand how difficult it can be to find the right care home for yourself or a loved one. We put individuals at the centre of everything that we do and pride ourselves on offering the highest standards of person-centred care for older people, within a safe, comfortable and homely environment.

Our dedicated and experienced staff team ensure that we meet each resident's individual care and social needs. The team at Berelands House includes:

- A Manager and Deputy Manager
- A Unit Manager and Night Nurse Manager
- Nurses
- Senior Carers
- Activities Co-ordinators
- A Housekeeping Team
- A Catering Team

The care home is spacious and conveniently located in an easily accessible residential area in the centre of Prestwick. Each of the bedrooms, sitting rooms and lounges are designed to ensure comfort and safety, with a friendly and welcoming décor helping residents to feel at home.

A cinema, barbers and our very own 'village square' are available on-site for residents to visit and meet family members, subject to future relaxation of visiting restrictions. Berelands House also benefits from large and impressive gardens, which reached the finals in the Best Dementia Garden Category at last year's National Dementia Care Awards.

With the current COVID-19 visiting restrictions, families are sent weekly email updates by the Home Manager and there is a range of additional communication channels available. This includes video calling to ensure that relatives and friends can still speak regularly with their loved ones.



## Living at Berelands House

Berelands House is a purpose-built care home with 63 bedrooms across two floors. The range of services includes:

- An experienced and friendly staff team
- Spacious bedrooms and comfortable lounge areas
- Large and impressive gardens
- Additional facilities comprising of a cinema, barbers and our very own 'village square'
- Fresh, home cooked food to meet the needs and preferences of the residents
- Support from health professionals, including GPs, Dentists, a Chiropodist and Dietician
- Dedicated Activities Co-ordinators experienced in working with older people
- End of life care services are also available

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My Grandpa lived at Berelands House for almost three years. Throughout his stay, I always found the staff to be very sensitive and thoroughly professional. They paid attention to him, listened to him, laughed with him, gave him a cuddle, and treated him with love and respect... They deserve recognition for what they do in their jobs.

Relative of a resident

Berelands House are setting a good example of what great dementia care can look like. The outdoor space helps to provide residents with a sense of familiarity in a place that is safe and supported. I feel that this creates an enhanced dementia-friendly environment and helps to support people living with dementia in many ways.

Donna Hanlon,  
Dementia Coach at Priory Adult Care

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Thank you for the excellent care which my Dad enjoyed... The building and facilities are superb but it is the staff that are the secret of that success.

Relative of  
a resident

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At the time, it was one of the most difficult decisions we ever had to make placing my mother into a home. On reflection, it was one of the best on selecting yours.

Relative of  
a resident

## Introducing our village square at Berelands House

We have transformed part of our gardens into a sensory village square for residents to enjoy. This gives the people that we support the opportunity to go shopping, meet their fellow residents and spend time outdoors in each other's company. The garden village includes:

- A town hall
- Barbers
- Café
- Florist
- Greengrocers
- Newsagents
- Post office
- Travel agents

Around the square, the colourful and vibrant store fronts help to bring the village to life. The café, florist, greengrocers and newsagent are also functioning shops. Prior to COVID-19, visitors and families could make their own tea and coffee, buy flowers and even do some food and grocery shopping in the village.

The pathway leading to the shops is safe for residents who walk about, meaning that they can visit the shops in the day. Garden umbrellas and chairs are also dotted around the square, and the scents from the garden's flowers and the herbs complete the experience. The garden also caters to outdoor group activities for the residents and can become an outdoor concert venue for guest performers, subject to future relaxation of visiting and social distancing.





## A wide range of activities

The friendly staff team at Berelands House includes dedicated Activities Co-ordinators, who develop individual activity schedules tailored to the personal lives and interests of the people in our care.

Feedback from our residents is regularly encouraged and important to us. We hold monthly residents' meetings and surveys to further ensure we are meeting all of their needs, including the activities that take place. Please find below examples of activities either prior to COVID-19 or that are currently taking place at Berelands House.

- Arts and crafts
- Baking
- Board games
- Exercise classes
- Gardening club
- Intergenerational activities with children of all ages
- Karaoke and additional musical entertainment
- Knitting
- Music therapy
- Regular trips out
- Sensory sessions
- Shopping in our own 'village square'
- Sports including curling and golf

Our highly trained staff support all of the residents, including those with dementia, to live a fulfilled life. We hold regular activities specifically designed for people living with the condition, including 'singing for the brain' and doll therapy. All residents are also encouraged to share their life stories and create memory boxes. The 'village square' at Berelands House is also further designed for people living with dementia. This includes:

- Dementia-friendly décor
- Flowers and different herbs that scent the village, providing sensory stimulation for those who wish to enjoy the day outside
- Items such as vintage bikes and flower pots to encourage reminiscing

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I would wholeheartedly recommend Berelands - please look no further. If your relative can no longer be in their own home, then this is where you would want them to be. Not only will they be cared for, they will be treated like human beings. It's not just the important things that matter, it's also the little things, and Berelands do those little things.

Relative of a resident



## Contact us

To make an enquiry or for further information about Berelands House in Prestwick, South Ayrshire, please contact us today.

Call us on:

**01292 677 760**

Send an email to:

**[TMangonon@renaissance-care.co.uk](mailto:TMangonon@renaissance-care.co.uk)**

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