



RENAISSANCE
CARE

WELCOME

to Torry Care Home

A PERSONAL CONNECTION

“There is always something happening, I love going to the beach, it’s one of my favourite trips out.”

A resident of Torry Care Home

A warm welcome to Torry

Welcome to Torry Care Home, a friendly and lively home in the heart of one of Aberdeen’s oldest and most established communities.

Behind Torry’s traditional exterior is a warm, comfortable home offering residential, nursing, dementia and respite care. The home accommodates up to 81 residents across three distinct living areas, each with its own welcoming lounge and dining spaces.

At Torry, people are at the heart of everything we do. We take time to understand each resident’s personality, preferences and life story, creating personalised care plans that reflect what matters most to them.

Our experienced team provides professional care with kindness, compassion and respect. We support residents to retain their independence, make their own choices and continue enjoying the relationships, interests and routines that bring meaning to their lives.

Family and friends are always welcome, whether they are visiting for a quiet cup of tea, joining us for a meal or taking part in one of our events. We would be delighted to welcome you and show you what makes life at Torry so special.

Arrange a visit: torry.manager@renaissance-care.co.uk

Comfort, choice and a place to call home

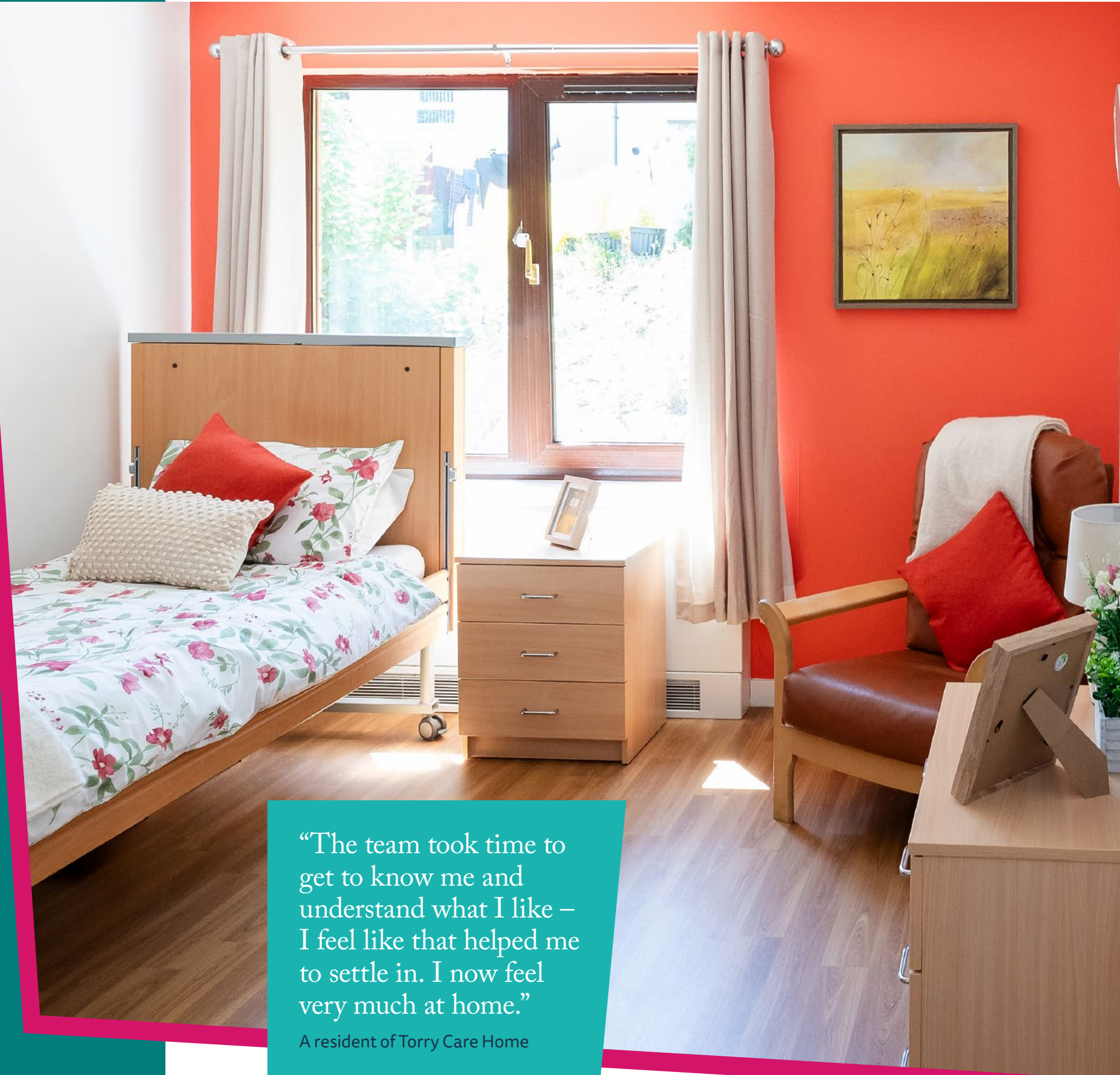
Torry offers a choice of comfortable surroundings where residents can relax, spend time with others or enjoy a little quiet time whenever they wish.

Our 81 en-suite bedrooms vary in size and character, giving each resident their own private space. We encourage people to bring treasured possessions, photographs and favourite furnishings so that their room feels familiar, comfortable and uniquely theirs.

Each of the home's three communal areas has its own lounge and dining spaces, creating smaller, welcoming communities within the wider home. These bright and sociable areas provide plenty of opportunities to enjoy activities, share meals and build new friendships.

Residents remain in control of how they spend their day. Whether someone prefers joining friends in the lounge, welcoming family into their room or simply relaxing with a good book, our team respects their choices and provides support whenever it is needed.

Moving into a care home is a significant change for both residents and their families. From the first conversation onwards, our team is here to listen, offer reassurance and make the transition as comfortable as possible.



“The team took time to get to know me and understand what I like – I feel like that helped me to settle in. I now feel very much at home.”

A resident of Torry Care Home



welcoming

Care delivered with kindness

Our dedicated team provides personalised care that supports residents' physical health, emotional wellbeing and individual way of life.

We take time to understand each person's needs, routines and preferences, working closely with residents, families and healthcare professionals to provide joined-up and responsive support.

At least two registered nurses are on duty at Torry around the clock, supported by our skilled and compassionate care team. The home also works closely with Holburn Medical Practice and maintains links with specialist healthcare professionals, helping residents access the appropriate clinical support when needed.

Every member of the Torry team plays an important part in residents' experiences. Through ongoing training, teamwork and open communication, we aim to provide consistent, professional care that gives residents and their families confidence and peace of mind.

A lifestyle shaped around you

No two residents are the same, which is why life at Torry is shaped around individual interests, abilities and choices.

We have a wonderful wellbeing team who go above and beyond to discover more about the individual person and what brings them happiness and joy. This includes discovering the activities, hobbies and experiences that matter most. Activity and wellbeing programmes within Torry include music, movement, games, creative activities, entertainment, celebrations, outings and opportunities to spend meaningful time with others – however we're always open to trying new things.

Residents can choose to take part in group activities, enjoy personalised one-to-one time or follow their own routines. There is never any pressure - what matters is that everyone feels included and able to spend their day in a way that feels right for them.

Torry also maintains strong links with the surrounding community. Residents can enjoy visits to local cafés, parks, pubs and church services, alongside connections with community groups and organisations.



Come and experience Torry for yourself

Choosing a care home is an important and personal decision. We would be delighted to show you around Torry, introduce you to our team and answer any questions you may have.

During your visit, you will have an opportunity to explore the home, learn more about the care we provide and experience the friendly atmosphere for yourself.

To arrange a visit, please contact us:

torry.manager@renaissance-care.co.uk or 01224 890 600.

Food to enjoy, every day

Mealtimes are an important part of daily life at Torry: a time to enjoy good food, friendly conversation and the comfort of familiar flavours.

Our chefs prepare meals within the home using fresh ingredients, with menus offering a balance of traditional favourites, seasonal dishes and tempting treats. Residents are encouraged to share their preferences and ideas, helping us create menus that reflect the tastes of the people living at Torry.

Choice, nutrition and presentation are at the heart of our approach. Our kitchen and care teams work together to accommodate individual dietary requirements, allergies, intolerances and modified-

texture diets, seeking specialist guidance whenever required.

Residents can enjoy meals with friends in one of our welcoming dining rooms or choose to dine in the comfort of their own bedroom. We also understand the importance of sharing food with the people we love, and family members are warmly welcomed to join residents for meals and special occasions.

From a favourite breakfast to a birthday celebration, we aim to make every dining experience personal and enjoyable.





Torry Care Home

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